

Explore the choice of fruits

Apples are only one type of fruit. Fruit comes in all kinds of

Shapes tastes, textures and **COLOURS** and they are all full of healthy goodness

Take a look at the pictures. How many fruits can you name?

(see answers at the bottom of page 36)

🍏 Put a circle around each fruit you have tasted

🍏 Put a square around each fruit you would like to taste.



Do you want to know more about fruit? To find fruit recipes, activities, news, research and more visit www.gofruit.org